Welcome to St Mary's

Pewsheet for week commencing 28 February 2021



Currently the church is open daily for <u>private prayer</u> only.

M-F 9.45am-3pm; Sat 10am-4pm (note revised time) Sun 11am-4pm

Sunday, 28 February —The second Sunday of Lent

Readings: Galations 3:1-9; Mark 8: 31-end

8am BCP Holy Communion service (21 February) on FaceBook @stmaryslinton.org.uk for 30 days.

10am Virtual Worship including second of Lent Sermon series. Zoom registration details on website.

10am Parish Eucharist—FB live service from St Mary's.

Themes for Lent, Lent sermons and discussion groups. See website.

Together@Home sheets and resources for children and families. See website for links.

New this week

We wish **Leslie Allison** a very **Happy Birthday** on Friday, 26 February.

Friday, 5 March is Women's World Day of Prayer. Service via Zoom at 10.30am. Information has been sent in a separate email (22 February).

Virtual Bingo - The Events Committee of St Mary's Church Linton invite you to join us for our free virtual bingo on Sunday 28th February at 3pm via zoom. To join us please email events@stmaryslinton.org.uk for zoom details and your bingo cards.

Charlotte Ellis, Chair of St Mary's Events Committee, 01223 892257

Children and Families—see website for Shrove Tuesday, Ash Wednesday and Lent resources.

Today the **Make Lunch core team** (Alison, Cathy, Sue and myself) met to pack and then deliver **10 Boxes of Hope.** These contained ingredients and a recipe for tuna and sweetcorn pasta bake, cereals, bread, milk, fresh fruit and veg (with many thanks to the organic farm shop owners) plus household items like liquid soap and kitchen towel roll, and a bag with craft materials, felt pens, colouring sheets, puzzle sheets. The box also contained a sheet with an encouraging message and signposting to Linton Community Help and to REACH for further support. We then delivered to the families who had booked via schools, pre-school and our church connections.

We have already had feedback all thanking us and saying what a difference the box will make to half term. Please continue to hold these families in prayer. Here is a prayer circulated by TLG:

We pray for all families and children who are feeling fearful, anxious and exhausted. We pray they will feel comforted and at peace today. Whatever challenges they may face in the days, weeks and months ahead, we pray they will know they are not alone.

Please pray for us too — it's been physically hard today, a lot of lifting! Thank you for standing in the gap for the vision. Your prayer is making a difference! Sarah Thorne.

If there is someone or something you would like members of St Mary's to pray for, please send a **prayer request** to the Church Administrator. If you would like to talk confidentially to a member of the clergy, contact the Rector, Maggie Guite on 01223 890273 or the Curate, Michael Wilcockson on 01223 891005

'Daily Prayer from St Mary's Linton': Maggie Guite continues to make a podcast each weekday morning on Spotify, Google Play etc and posts it on the St Mary's Facebook Page.

For those without internet who are isolated – Daily HOPE Church of England.

Available Free 24 hours a day on 0800 804 8044. Prayer; online service; hymns.

St Mary's Telephone Support Line Tel 893687 <u>cathy.watts@stmaryslinton.org.uk</u> For those requesting a call for themselves or others or willing to make regular phone calls.

Reach Community Projects Read the latest news <u>here</u>. Donations of tinned or dried goods for the **Haverhill Foodbank** can be left in the box in the Tower vestry when the church is open.

TLG - Transforming Lives for Good is a charity you will hear more of in the very near future. **Emotional First Aid** is an easy-to-understand online webinar offered by TLG that equips people to support those struggling with their emotional and mental health as a result of this pandemic. This training is trauma-informed and will help both individuals and organisations to recognise and understand emotional signals and respond to them effectively. It is open to **anyone** in the church who wants to feel equipped enough to walk alongside those who struggle with mental health needs related to isolation, anxiety and poverty. You need to register here: https://www.tlg.org.uk/your-church/emotional-first-aid

Mental Health Resources. A new resource provided by mental health charity MIND. Also, mental health services can be accessed in this area by dialling 111 and selecting option 2 - direct contact with mental health professionals.

Linton Community Help update. Please don't wait! Ten months on from our set up, no-one expected to still be dealing not just with Covid but with the longer term impacts. Many are struggling with being stuck at home, and perhaps lonely, and for some this may be more difficult - across all ages. Children, young people and parents are trying to manage home learning, adults may be newly unemployed or with job uncertainty or earn less, but bills remain the same. Families may be dealing with all these challenges. We are working in partnership with St Mary/s and have funding to support people with just that little extra help to cover food, energy bills, new shoes for the children, transport to appointments. We can also help signpost or help with employment, training and money advice. Reach Community Projects have a free confidential debt service. All enquiries are treated confidentially - contact us now lintoncommunityhelp@gmail.com or 011223 901123 or Reach on 01440 712950.

Following the **online survey** in May 2020, the Church Times is inviting people to complete a new survey: New Covid-19 survey: Have you grown to like church better during lockdown?.

Message from Yannick: Free fitness workouts. Armchair yoga class. Email marta.maj@mmhealthandfitness.co

Parish Prayer Board February 2021

Subjects for prayer and thanksgiving mentioned in our prayers. Phone the Rector 890273 or email admin@stmaryslinton.org.uk with your request. Obtain permission for inclusion of names. Prayer requests are kept for 2 weeks and take the place of the prayer list in church. The Ministry Team are each praying for several in the congregation so that all those on the electoral roll are included.

- 22 February—Please pray for Bill Squire (Maggie's brother-in-law) who is at present in hospital.
- 24 February—Chris Morse was due to have major heart surgery at Papworth on Thursday 25 February. His operation has unfortunately been postponed and he is awaiting a new date. We pray for him, for Di and their family at this time.
- 24 February—We ask your prayers for Lindi Kent who was admitted to hospital earlier this week. She is now home and getting better.

To add to the pewsheet, or to receive it by email or as a paper copy, contact Anne: admin@stmaryslinton.org.uk Information for pewsheet to be received by 11am Thursday.