

Welcome to St Mary's

Pewsheets for week commencing **31 January 2021**



Rooted in God. Rooted in Community

Currently the church is open daily for private prayer only.

M-F 9.45am-3pm; Sat 10am-12noon; Sun 11am-4pm

Sunday, 31 January—The Presentation of Christ in the Temple—Candlemas

Readings: Malachi 3:1-5; Luke 2: 22-40

8am BCP Holy Communion service on FaceBook @stmaryslinton.org.uk available until 23 February.

10am Service for Candlemas via Zoom - Zoom registration details on the website.

10am Parish Eucharist—FB live service from St Mary's.

[Together@Home sheets](#) for children and families

If there is someone or something you would like members of St Mary's to pray for, please send a prayer request to the Church Administrator. If you would like to talk confidentially to a member of the clergy, contact the Rector, Maggie Guite on 01223 890273 or the Curate, Michael Wilcockson on 01223 891005.

'Daily Prayer from St Mary's Linton': Maggie Guite continues to make a podcast each weekday morning on Spotify, Google Play etc and posts it on the St Mary's Facebook Page.

For those without internet who are isolated – Daily HOPE Church of England.

Available Free 24 hours a day on 0800 804 8044. Prayer; online service; hymns.

St Mary's Telephone Support Line Tel 893687 cathy.watts@stmaryslinton.org.uk For those requesting a call for themselves or others or willing to make regular phone calls.

Covid Prayer group: It's sometimes hard to pray by yourself about all the pressing needs of the world.

It can all get a bit overwhelming. If anyone would be interested in a weekly prayer group on Zoom to raise these things to God together contact Gill Fraser Lee or [Maggie Guite](#)

TLG - Transforming Lives for Good is a charity you will hear more of in the very near future.

Emotional First Aid is an easy-to-understand online webinar offered by TLG that equips people to support those struggling with their emotional and mental health as a result of this pandemic. This training is trauma-informed and will help both individuals and organisations to recognise and understand emotional signals and respond to them effectively. It is open to **anyone** in the church who wants to feel equipped enough to walk alongside those who struggle with mental health needs related to isolation, anxiety and poverty. You need to register here: <https://www.tlg.org.uk/your-church/emotional-first-aid>

Mental Health Resources. A new resource provided by mental health charity MIND. Also, mental health services can be accessed in this area by dialling 111 and selecting option 2 - direct contact with mental health professionals.

Lent—As we approach a second Lent in lockdown, I have been challenged to create an area at home to help me in my meditations and thought you might like to share the idea. I have prepared Lent in a Bag (with the help of my friends) containing all you will need. I will be pleased to deliver one to you to help you prepare for Easter. [Sarah Thorne](#)—Children & Families Ministry

Reach Community Projects Read the latest news [here](#). Donations of tinned or dried goods for the **Haverhill Foodbank** can be left in the box in the Tower vestry when the church is open.

Linton Community Help update. Please don't wait! Ten months on from our set up, no-one expected to still be dealing not just with Covid but with the longer term impacts. Many are struggling with being stuck at home, and perhaps lonely, and for some this may be more difficult - across all ages. Children, young people and parents are trying to manage home learning, adults may be newly unemployed or with job uncertainty or earn less, but bills remain the same. Families may be dealing with all these challenges. We are working in partnership with St Mary/s and have funding to support people with just that little extra help to cover food, energy bills, new shoes for the children, transport to appointments. We can also help signpost or help with employment, training and money advice. Reach Community Projects have a free confidential debt service. All enquiries are treated confidentially - contact us now lintoncommunityhelp@gmail.com or 011223 901123 or **Reach** on 01440 712950.

Christmas Events: Thank you very much to all who took part and contributed. We have raised £457.25 for Church funds. The answers to the paper quiz are now on the website.

Cambridge Month of Accompanied Prayer, Lent 2021

An opportunity for people to be accompanied once a week by a trained guide 22 February to 19 March. Most days and evenings possible. These 'meetings' will be on a virtual platform or by telephone. There is no charge for participation. Introductory session on Zoom on Sunday 21 February, at 3pm. If possible, applications by Monday 8 February, to allow time to match pilgrims and accompaniers. Contact Kay Dodsworth: ekdodsworth@gmail.com; 01223 234493 or 07786910406. or Romie Ridley: romieridley@gmail.com; 07941862435 or 01223 842922

Addenbrooke's Hospital/Rosie Hospital Hospital Visiting A Ministry for you? Have you a few hours a week? Do you like meeting people, listening to their stories and encouraging them on their spiritual journey? Then you might be able to help the Chaplaincy at Addenbrooke's Hospital. We are looking for lay visitors who will come in, adopt a ward and visit the patients on a weekly basis. Regular Lay Visitors training courses are run by the Chaplaincy Department at Addenbrooke's Hospital. The next one starts on Wednesday morning, 24th February 2021. [See role description](#). Contact the Chaplaincy Administrator. Box 105, Addenbrooke's Hospital, Cambridge, CB2 0QQ. 01223 217769 or e-mail: chaplaincy@addenbrookes.nhs.uk

Granta Vale parishes (Abingtons, Balsham etc) are looking for a new **Parish Nurse** on the retirement of their Parish Nurse in December. See [Granta Vale website](#). Closing date 31 January

To add to the pewsheet, or to receive it by email or as a paper copy, contact Anne: admin@stmaryslinton.org.uk Information for pewsheet to be received by 11am Thursday.

Opportunities for Learning—ALM Training: Spring Term 2020

ALM Children's Ministry course: Starts 24 February 2021

Open to all volunteers or employed children's workers in Ely Diocese in the Church of England. It is for those wanting to train as an ALM Children's Minister or existing ALMs wanting a refresher.

Theory and practical skills are based on an understanding of current theology of the child and the development of their faith. A diverse range of topics - including current theological thinking and understanding of faith development, All Age Worship, Developing ministry to under 5's, working with schools, developing creative storytelling, mission to families and multisensory learning and creative prayer.

Contact: **Debbie Hill Development Officer for Children & Families** debbie.hill@elydiocese.org
07837 699016

ALM Pastoral Ministry course: Starts 29 April 2021

For anyone across Ely Diocese in the Church of England looking to develop pastoral roles as part of their parish team. Pastoral roles vary from parish to parish and may involve pastoral visiting, making use of pastoral phonecalls, or providing a listening ear. The course runs for 8 months, meeting once per month, and covers topics ranging from attentive listening, to dealing with conflict, restoration and resilience, how to support families, understanding power dynamics, supporting those facing prejudice of any kind, well being and mental health, bereavement and loss, and enabling the flourishing of those with cognitive impairment or disability. Contact: **Phil Marsh Development Officer for Mission and Ministry**

Phil.marsh@elydiocese.org Tel : 01353 652730

Music in Worship – organised by the Royal School of Church Music.

Inspiring Music in Worship. Online Course via Zoom for Group Facilitators. Monday Evenings: 18 Jan, 25 Jan, 1 Feb, 8 Feb, 15 Feb 2021, 7-9pm. Led by Revd Helen Bent, RSCM Head of Ministerial Training

Music for Mission and Ministry. 3-Day Courses in 2021

Following Music for Mission and Ministry Online. Sessions include reflections on the effect of Covid-19 on our worship and the shape of 'the new normal.' Having been deprived of singing for so long, this may be just the time to release the voice of the congregation with renewed energy. Led by Revd Helen Bent with Jonathan Robinson Online Course: Tuesday 23 - Thursday 25 February 2021 via Zoom

Residential Course: Tuesday 4 - Thursday 6 May 2021, Wydale Hall, Yorkshire. [Further details here.](#)

Parish Prayer Board on the website

Subjects for prayer and thanksgiving mentioned in our prayers. Phone the Rector 890273 or email admin@stmaryslinton.org.uk with your request. Obtain permission for inclusion of names. Prayer requests are kept for 2 weeks and take the place of the prayer list in church. The Ministry Team are each praying for several in the congregation so that all those on the electoral roll are included.

Parish Prayer Board January 2021

18 January —Please remember in your prayers Pat Pebody whose funeral Maggie will be taking on 29 January 29, and pray for her widower, John, and children, Diana and Malcolm.

18 January—We pray for Lindi Kent (Castle Camps) as she prepares to take her sister Jo's funeral on 26 January. Jo died in hospital on 10 January with Covid. We pray for Lindi and Jo's family and especially those who are also suffering from Covid at present.

25 January—Please pray for Alan Bishop from Horseheath, who has had a partial hip replacement following a fall. For his recovery and return home from hospital.

26 January—We pray for Colleen Ellis, daughter of Joan Swann and sister of Lewsi Jefferys, and ask for prayers for her husband and all her wide family as they mourn her.