# Welcome to St Mary's

## Pewsheet for week commencing 24 January 2021



Rooted in God. Rooted in Community

Currently the church is open daily for private prayer only.

M-F 9.45am-3pm; Sat 10am-12noon; Sun 11am-4pm

# Sunday, 24 January—The Third Sunday of Epiphany

Readings: Genesis 14:17-20; John 2:1-11

**8am BCP Holy Communion service** will be livestreamed on FaceBook @stmaryslinton.org.uk today and will be available for the next 30 days

**10am Service via Zoom "Change"** - Jesus changes water into wine; Jesus changes us; How our church school is facing change in these challenging times. Zoom registration details on the website.

10am Parish Eucharist—FB live service from St Mary's.

If there is someone or something you would like members of St Mary's to pray for, please send a prayer request to the Church Administrator. If you would like to talk confidentially to a member of the clergy, contact the Rector, Maggie Guite on 01223 890273 or the Curate, Michael Wilcockson on 01223 891005.

**'Daily Prayer from St Mary's Linton':** Maggie Guite continues to make a podcast each weekday morning on Spotify, Google Play etc and pastes it on the St Mary's Facebook Page.

**For those without internet who are isolated – Daily HOPE Church of England.** Available Free 24 hours a day on 0800 804 8044. Prayer; online service; hymns.

**St Mary's Telephone Support Line** Tel 893687 <u>cathy.watts@stmaryslinton.org.uk</u> For those requesting a call for themselves or others or willing to make regular phone calls.

#### **Linton Community Help Team**

<u>lintoncommunityhelp@gmail.com</u> If you do not have access to email phone 01223 901132 and leave a message. Please note we do not offer an emergency response service. We can help with Social contact/ loneliness; Concerns around food and bills; Prescription collection; Shopping; Post office.

**TLG - Transforming Lives for Good** is a charity you will hear more of in the very near future. **Emotional First Aid** is an easy-to-understand online webinar offered by TLG that equips people to support those struggling with their emotional and mental health as a result of this pandemic. This training is trauma-informed and will help both individuals and organisations to recognise and understand emotional signals and respond to them effectively. It is open to **anyone** in the church who wants to feel equipped enough to walk alongside those who struggle with mental health needs related to isolation, anxiety and poverty. You need to register here: <u>https://www.tlg.org.uk/your-church/emotional-first-aid</u> Ely Cathedral newsletter—This is <u>the link</u> to the latest edition.

Granta Vale parishes (Abingtons, Balsham etc) are looking for a new Parish Nurse on the retirement of their Parish Nurse in December. See Granta Vale website.

**Reach Community Projects** Read the latest news <u>here</u>. Donations of tinned or dried goods for the **Haverhill Foodbank** can be left in the box in the Tower vestry when the church is open.

**Covid Prayer group:** It's sometimes hard to pray by yourself about all the pressing needs of the world. It can all get a bit overwhelming. If anyone would be interested in a weekly prayer group on Zoom to raise these things to God together contact Gill Fraser Lee or Maggie Guite <u>rector@stmaryslinton.org.uk</u> toarrange a mutually convenient time to meet.

**Christmas Events: Winners.** The winner of the **paper quiz** is Lawrence Powell. The answers will be on the website soon. The Foote family were the winners in the **Family Quiz** last Sunday. The winner of the **Virtual Christmas Tree Show** is Megan Till (entry no 9 on the website). **Children's Competition**—we have three winners: Eddie aged 5 with Away in a manger; Eliza Rayment-Hinde aged 2 with Little donkey and Heidi Saddleton aged 10 with Hark the herald angels sing. The entries are on the church noticeboard. Thank you very much to all who took part and contributed. We have raised £422.25 for Church funds.

Messy Church Sarah Thorne has prepared a resource for Messy Church at Home.

Sarah is also asking for any old Christmas cards with a picture of Mary and baby Jesus (Madonna and child type). If you can help, contact <u>Sarah</u> and she will collect (on her daily exercise walk) Many thanks.

#### Cambridge Month of Accompanied Prayer, Lent 2021

An opportunity for people to be accompanied once a week by a trained guide 22 February to 19 March. Most days and evenings possible. These 'meetings' will be on a virtual platform or by telephone. There is no charge for participation. Introductory session on Zoom on Sunday 21 February, at 3pm. If possible, applications by Monday 8 February, to allow time to match pilgrims and accompaniers. Contact Kay Dodsworth: ekdodsworth@gmail.com; 01223 234493 or 07786910406. or Romie Ridley: romieridley@gmail.com; 07941862435 or 01223 842922

**Holocaust Memorial Day Wednesday, 27 January 2021** is a time to remember the millions of people murdered during the Holocaust, under Nazi Persecution and in the genocides which followed in Cambodia, Rwanda, Bosnia and Darfur. This is a time when we seek to learn the lessons of the past and recognize that genocide does not just take place on its own - it's a steady process which can begin if discrimination, racism and hatred are not checked and prevented. Register for the <u>free online event</u>. The UK Holocaust Memorial Day 2021 ceremony streamed online at 7pm on 27 January.

The Theme this year— Be the light in the darkness, lifting up the ways individuals and communities can 'be the light' in times of darkness. At 8pm, households around the nation will join to "Light the Darkness" by lighting candles and putting them in their windows to remember those who were murdered for who they were and to stand against prejudice and hatred today You're invited to light a candle and put it in your window at 8pm on 27 January If you're on **social media**, please post a photo at 8.05pm tagging it with #HolocaustMemorialDay #LightTheDarkness

#### Opportunities for Learning—ALM Training: Spring Term 2020 ALM Children's Ministry course: Starts 24 February 2021

Open to all volunteers or employed children's workers in Ely Diocese in the Church of England. It is for those wanting to train as an ALM Children's Minister or existing ALMs wanting a refresher. Theory and practical skills are based on an understanding of current theology of the child and the development of their faith. A diverse range of topics - including current theological thinking and understanding of faith development, All Age Worship, Developing ministry to under 5's, working with schools, developing creative storytelling, mission to families and multisensory learning and creative prayer. Contact: **Debbie Hill Development Officer for Children & Families** <u>debbie.hill@elydiocese.org</u> 07837 699016

### ALM Pastoral Ministry course: Starts 29 April 2021

For anyone across Ely Diocese in the Church of England looking to develop pastoral roles as part of their parish team. Pastoral roles vary from parish to parish and may involve pastoral visiting, making use of pastoral phonecalls, or providing a listening ear. The course runs for 8 months, meeting once per month, and covers topics ranging from attentive listening, to dealing with conflict, restoration and resilience, how to support families, understanding power dynamics, supporting those facing prejudice of any kind, well being and mental health, bereavement and loss, and enabling the flourishing of those with cognitive impairment or disability. Contact: **Phil Marsh Development Officer for Mission and Ministry Phil.marsh@elydiocese.org** Tel : 01353 652730

Music in Worship – organised by the Royal School of Church Music.

**Inspiring Music in Worship.** Online Course via Zoom for Group Facilitators. Monday Evenings: 18 Jan, 25 Jan, 1 Feb, 8 Feb, 15 Feb 2021, 7-9pm. Led by Revd Helen Bent, RSCM Head of Ministerial Training **Music for Mission and Ministry.** 3-Day Courses in 2021

Following Music for Mission and Ministry Online. Sessions include reflections on the effect of Covid-19 on our worship and the shape of 'the new normal.' Having been deprived of singing for so long, this may be just the time to release the voice of the congregation with renewed energy. Led by Revd Helen Bent with Jonathan Robinson Online Course: Tuesday 23 - Thursday 25 February 2021 via Zoom Residential Course: Tuesday 4 - Thursday 6 May 2021, Wydale Hall, Yorkshire. <u>Further details here.</u>

#### Parish Prayer Board on the website

Subjects for prayer and thanksgiving mentioned in our prayers. Phone the Rector 890273 or email admin@stmaryslinton.org.uk with your request. Obtain permission for inclusion of names. Prayer requests are kept for 2 weeks and take the place of the prayer list in church. The Ministry Team are each praying for several in the congregation so that all those on the electoral roll are included.

#### Parish Prayer Board January 2021

12 January 2021 -Please pray for the care home where Andrew King is a resident and where they now have a case of Covid.

18 January 2021—Please remember in your prayers Pat Pebody whose funeral Maggie will be taking on 29 January 29, and pray for her widower, John, and children, Diana and Malcolm.

18 January 2021 - We pray for Lindi Kent (Castle Camps) as she prepares to take her sister Jo's funeral on 26 January. Jo died in hospital on 10 January with Covid. We pray for Lindi and Jo's family and especially those who are also suffering from Covid at present.

To add to the pewsheet, or to receive it by email, contact Anne: admin@stmaryslinton.org.uk Information for pewsheet to be received by 11am Thursday.

Addenbrooke's Hospital/Rosie Hospital Hospital Visiting A Ministry for you? Have you a few hours a week? Do you like meeting people, listening to their stories and encouraging them on their spiritual journey? Then you might be able to help the Chaplaincy at Addenbrooke's Hospital. We are looking for lay visitors who will come in, adopt a ward and visit the patients on a weekly basis. Regular Lay Visitors training courses are run by the Chaplaincy Department at Addenbrooke's Hospital. The next one starts on Wednesday morning, 24th February 2021. See role description. Contact the Chaplaincy Administrator. Box 105,Addenbrooke's Hospital, Cambridge, CB2 0QQ. 01223 217769 or e-mail: chaplaincy@addenbrookes.nhs.uk

'This is a text I've had as a member of the Patient Participation Group (PPG). The actual wording hasn't been approved by Granta Medical Practice (GMP), but is an accurate record of the discussion between the GMP and the Chairs of the PPG. Rather than wait for official approval, I thought people would like to know what's happening now. Molly Warrington'

#### Granta Medical Practices (GMP) and vaccinations against Covid-19.

We have had a discussion with Granta Medical Practices to try to find out what is planned by way of vaccinations delivered by GMP. By the time that you read this we hope that the roll out is well underway.

As you are hopefully aware, vaccinations in our Practice are intended to start the weekend of January 16/17 and it is anticipated that this will be the start of a regular weekend provision.

The Practice is, however, unable to request batches of vaccine from NHS England or to request specific vaccines . These are allocated via the Clinical Commissioning Groups as they become available hence forward planning is extremely difficult. We understand that the precise allocation may not be known until the day before dispatch.

This means that GMP cannot contact patients to invite them for vaccination until it knows how many doses will be provided and on what dates.

Initial doses of the Pfizer vaccine were made available to areas of highest infection, including Peterborough, and to Addenbrookes Hospital, centres able to handle the ultra low temperature storage needed. In the past few weeks, many Granta patients over 80 years old have been vaccinated at Addenbrookes.

GMP vaccinations are being carried out at Sawston which has been set up as our vaccination hub. It is being staffed by both Practice staff and additional clinically trained volunteers. Appropriate space is needed as patients are requested to stay for 15 minutes for observation after being vaccinated.

Vaccinations are being administered according to the priority list published by the the Joint Committee on Vaccination and immunisation (JCVI) and are being restricted to weekends to avoid any impact on the provision of Primary Care services by Granta staff.

Patients will be invited for vaccination by text or telephone and should not pre-empt an invitation by phoning or emailing the practice.

GMP are handling hundreds of phone calls a day , 1500 of them on January 11th, half of which were vaccination enquiries.

Warning: if you are contacted by someone concerning your vaccination who asks for your name, address, or other personal information, it will not be from the NHS. As a registered patient, GMP have your contact details.

Dave Arnold and Anne Thompson: co-chairs GMP Patient Participation Group

<u>Mental Health Resources</u> A new resource provided by mental health charity MIND. Also, mental health services can be accessed in this area by dialling 111 and selecting option 2 - direct contact with mental health professionals.